

If your health insurance plan will not help pay for your STELARA® (ustekinumab) prescription,

YOU HAVE OPTIONS

YOUR
voice.
treatment.
choice.

This resource outlines some steps you can consider taking to challenge your health insurance plan's decision. You can print this resource and keep it with you to check off the steps you have completed. The process can be confusing, but know that you are not alone. There are people and organizations that may be able to help you. On the next page, you can list who some of those people are and how you can contact them.

Below are some steps you can consider taking:



SPEAK UP

- Call your doctor to learn more about your options to get STELARA®
- Call your health insurance plan to learn why STELARA® was not covered

Discussion guide is available at stelara.info.com/mychoice



TAKE ACTION

- Contact your health insurance plan to learn about the process for filing an exception request
- Write an exception letter and ask your doctor's office for support. Sample exception letter templates are available below
- Gather supporting documents from your doctor's office
 - Letter of Medical Necessity
 - Appropriate medical records
- Submit your exception request
- File a formal appeal with your health insurance plan if your exception request was denied

Sample exception letter templates are available at stelara.info.com/mychoice



GET SUPPORT

- Explore patient support options through STELARA withMe
- Learn about resources and organizations that may be able to help you better understand how to challenge your health insurance plan's decision

Resource guide is available at stelara.info.com/mychoice



IMPORTANT CONTACT INFORMATION

Use the blank fields below to write down important information that may be needed throughout the appeals process.



Doctor:

Name:

Phone:

Email:



Pharmacist:

Pharmacy Name:

Hours:

Phone:

Rx #:



Health Insurance Plan:

Insurance Representative Phone:

Insurance ID Number:

Insurance Plan Name:

Insurance Group Number:



Talk to your healthcare team about next steps for getting **STELARA® (ustekinumab)** or visit stelara.info.com for additional information about resources and support that may be available to you.

