

LEARN ABOUT PsA

TALK WITH YOUR DOCTOR ABOUT PSA

You and your doctor are an important team when it comes to diagnosing and treating your PsA symptoms. He or she will need to know how your everyday tasks are affected by the swelling, stiffness, or pain in your joints. Take a few moments to print and fill out this form to take with you to your next appointment.

HOW IS PSA AFFECTING YOU?

Over the past month, how would you rate your joint pain and swelling?

none severe

① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩

Over the past month, have your symptoms made it difficult to do any of the following tasks or interfered with you partaking in any of these activities:

Buttoning clothes, tying your shoes, or doing your hair?

Yes No Not Sure

Shopping, going to the park, or meeting friends out?

Yes No Not Sure

Opening jars or cutting food?

Yes No Not Sure

Walking, bike riding, or running errands?

Yes No Not Sure

Washing dishes, gardening, or vacuuming?

Yes No Not Sure

PAST TREATMENTS

Have you tried any psoriatic arthritis treatments before? If so, which ones? (Check all that apply.)

Injections/infusions Creams/lotions Pills Other

How satisfied are you with how the treatment relieves your symptoms?

	Unsatisfied									Very satisfied
Joint symptoms	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩
Skin symptoms	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩

What's most important to you in your treatment?

Frequency of treatment Number of treatments you'll need Improvement of joint symptoms Relief of skin symptoms