



STELARA® is a prescription medicine approved to treat adults 18 years and older with active psoriatic arthritis (PsA), either alone or with methotrexate.

WHICH YOU ARE YOU?

RECOGNIZE THE
FOUR SIGNS OF PsA.



TREAT YOUR SYMPTOMS
WITH FOUR DOSES A YEAR.
AFTER 2 STARTER DOSES

SELECTED IMPORTANT SAFETY INFORMATION

STELARA® is not for everyone; only your doctor can decide if it's right for you. STELARA® is a prescription medicine that affects your immune system. It can increase your chances of having serious side effects including serious infections, cancer, serious allergic reactions, lung inflammation, and a rare condition—reversible posterior leukoencephalopathy syndrome. **Please read the [Important Safety Information](#) on pages 7 and 8 of this PDF and the [Medication Guide](#) for STELARA® to learn more about these and other risks for STELARA®. Discuss any questions you have with your doctor.**

BE THE YOU WHO UNDERSTANDS THE PUZZLE OF PsA

Psoriatic arthritis (PsA) is a condition that sometimes develops from psoriasis. But because the skin symptoms of psoriasis often come before the joint pain, swelling, and stiffness of PsA, sometimes the two sets of symptoms can be mistaken for two different conditions.

1 in 3

people with psoriatic skin symptoms may develop psoriatic arthritis

Source: National Psoriasis Foundation



All this confusion means it can be hard to diagnose PsA, so it's often treated with the wrong medications.

However, if you know what to look for, recognizing the signs of PsA can be easy. And this can make finding the right treatment for your condition all the more possible.

- ▶ More than **3 million** adults have PsA
- ▶ **1.25 million** people with PsA were undiagnosed in 2013
- ▶ A correct diagnosis can take many years and many different doctors

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LEARN ABOUT PsA

GET THE 4 · 1 · 1 ON PsA

With PsA, the signs are usually there...if you know what to look for.

4 KEY SIGNS

Check all that apply to you.

- PSORIASIS:** You may experience...
Skin irregularities, including redness, itchiness, flaking, scaling, and patchiness.
- JOINT PAIN:** You may experience...
Stiffness or reduction in range of motion, as well as other joint symptoms that affect one or both sides of your body.
- ENTHESITIS:** You may experience...
Soreness and swelling in places like your heels, elbows, wrists, and the bottoms of your feet.
- DACTYLITIS:** You may experience...
Swelling that runs the entire length of your fingers or toes—this is sometimes known as “sausage digits.”

1 CORRECT DIAGNOSIS

If you've received a psoriasis diagnosis and are now experiencing any or all of the other signs on the list, you may have PsA. The sooner you're able to pinpoint your symptoms and share them all with your doctor, the easier it will be to find a treatment.

1 TREATMENT THAT MAY WORK FOR YOU

STELARA® is a prescription medicine approved to treat adults with active PsA, either alone or with methotrexate.

Proven to help control the four key signs of PsA, STELARA® needs to be administered four times a year (after two starter doses)*—less than any other PsA treatment of its kind.

*STELARA® is a 45 mg or 90 mg injection given under the skin as directed by your doctor at weeks 0 and 4, and every 12 weeks thereafter. It is administered by a healthcare provider or self-injected only after proper training.



BE THE YOU WHO TAKES CHARGE OF YOUR PSA

If you're living with PsA and looking for a way to get ahead of your symptoms, STELARA® may be able to help. STELARA® is a prescription medicine approved to treat adults 18 years and older with active psoriatic arthritis (PsA), either alone or with methotrexate.

With just four doses a year (after two starter doses), STELARA® may help control the signs of PsA:

- ▶ Joint stiffness and pain
- ▶ Swelling along the whole length of fingers or toes
- ▶ Skin thickness, scaling, and redness
- ▶ Swelling at elbows, heels, or other joints

In fact, a medical study of patients with psoriatic arthritis, nearly 6 out of 10 people taking STELARA® saw at least 75% clearer skin. In an additional clinical study, STELARA® showed effectiveness in treating joint symptoms, swelling, and stiffness.

Note: Individual results may vary.

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WHY STELARA®?

HOW STELARA® WORKS

STELARA® is an injectable medication known as a biologic, and it works by targeting an underlying cause of PsA—an overactive immune system.

When you have PsA, it means that your immune system is producing two proteins (called **IL-12** and **IL-23**) at higher than normal levels. These two proteins are thought to play a role in causing the symptoms of PsA.



But unlike other biologics, STELARA® works by blocking these two proteins. In fact, no other injectable biologic works in quite the same way.

SEE HOW STELARA® DOSING STACKS UP

Unlike other injectable biologics used to treat PsA, STELARA® needs to be injected only four times a year (after two starter doses).

Let's take a look at how this dosing schedule stacks up against other PsA treatments:

STELARA® (ustekinumab)		6 DOSES	Once every 12 weeks (after 2 starter doses at Weeks 0 and 4)
SIMPONI® (golimumab)		12 DOSES	Once a month
HUMIRA® (adalimumab)		26 DOSES	Once every other week
COSENTYX® (secukinumab)		17 DOSES	Once every 4 weeks (after once-weekly dosing for the first 5 doses)*
ENBREL® (etanercept)		52 DOSES	Once every week

*The recommended dosage without a loading dose is 1 injection every 4 weeks (13 doses). For psoriatic arthritis patients with coexistent moderate to severe plaque psoriasis, use the dosage and administration for plaque psoriasis (34 doses).

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LET'S GET STARTED

IT'S A BIG STEP, BUT ONE YOU DON'T HAVE TO TAKE ALONE

Choosing to take action against your PsA is a major milestone. But taking control of your condition isn't always easy. That's why Janssen CarePath is here. We'll give you the resources you may need to start and stay on STELARA®.

Janssen CarePath can review your health plan benefits and help answer questions you may have about insurance coverage for STELARA®. If needed, we can also help identify options that may make STELARA® more affordable. With Janssen CarePath, you're not alone. Help is just a click or a phone call away!

WHAT WE OFFER



COST & COVERAGE SUPPORT



NURSE & INJECTION SUPPORT



ADDITIONAL RESOURCES

ONE WAY TO HELP PSA, TWO WAYS TO BE COVERED

STELARA® can be covered in two ways—through your medical and/or pharmacy benefits. Once you and your doctor decide that STELARA® is right for you, your doctor's staff will initiate the benefits investigation process to determine how much your medication will cost. If at any point a member of his or her staff tells you that STELARA® isn't covered by your plan, ask them to confirm that they've checked both benefits, pharmacy and medical. Don't assume that your medical benefits have been investigated.

ARE YOU COVERED BY COMMERCIAL OR PRIVATE INSURANCE?

If you are covered by commercial or private insurance and are eligible, you may be able to lower your out-of-pocket costs for STELARA®, including deductible, co-pay, and coinsurance medication costs. With Janssen CarePath Savings Program for STELARA®, eligible patients pay \$5 per dose for STELARA® medication costs, with a \$20,000 maximum program benefit each calendar year. Patients using Medicare, Medicaid or any other federally-funded programs to pay for STELARA® are not eligible to participate in the program. See full eligibility requirements at Stelara.JanssenCarePathSavings.com.

Janssen CarePath Care Coordinators can also help you verify and understand your insurance benefits.

YOU CAN REACH A CARE COORDINATOR BY CALLING

**877-CarePath (877-227-3728)
Mon-Fri 8 AM to 8 PM ET**

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MANY WAYS TO SAVE, START, AND STAY ON STELARA®

Don't let cost get in the way of your medication if your doctor decides STELARA® is right for you. Janssen CarePath has a team of Care Coordinators who have resources that can help eligible, commercially insured patients pay \$5 per dose.*



If your insurance does not cover STELARA® medication costs, call Janssen CarePath at 877-CarePath (877-227-3728) to help you understand other affordability assistance programs available to you.

*\$20,000 maximum program benefit per calendar year. Not valid for patients enrolled in Medicare, Medicare Part D, or Medicaid. Visit Stelara.JanssenCarePathSavings.com for full eligibility requirements.



Be the YOU who takes control

HOW YOU LIVE IS UP TO YOU, NOT PSORIATIC ARTHRITIS

- With just four doses a year after two starter doses, STELARA® may help your PsA symptoms so you can get back to being you
- Eligible, commercially insured patients pay \$5 per dose*

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For more information, visit STELARAinfo.com or call

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IMPORTANT SAFETY INFORMATION

STELARA® is a prescription medicine that affects your immune system. STELARA® can increase your chance of having serious side effects including:

Serious Infections

STELARA® may lower your ability to fight infections and may increase your risk of infections. While taking STELARA®, some people have serious infections, which may require hospitalization, including tuberculosis (TB), and infections caused by bacteria, fungi, or viruses.

- Your doctor should check you for TB before starting STELARA® and watch you closely for signs and symptoms of TB during treatment with STELARA®.
- If your doctor feels that you are at risk for TB, you may be treated for TB before and during treatment with STELARA®.

You should not start taking STELARA® if you have any kind of infection unless your doctor says it is okay.

Before starting STELARA®, tell your doctor if you:

- think you have an infection or have symptoms of an infection such as:
 - fever, sweats, or chills
 - muscle aches
 - cough
 - shortness of breath
 - blood in phlegm
 - weight loss
 - warm, red, or painful skin or sores on your body
 - diarrhea or stomach pain
 - burning when you urinate or urinate more often than normal
 - feel very tired
- are being treated for an infection
- get a lot of infections or have infections that keep coming back
- have TB, or have been in close contact with someone with TB

After starting STELARA®, call your doctor right away if you have any symptoms of an infection (see above). STELARA® can make you more likely to get infections or make an infection that you have worse. People who have a genetic problem where the body does not make any of the proteins interleukin 12 (IL-12) and interleukin 23 (IL-23) are at a higher risk for certain serious infections that can spread throughout the body and cause death. People who take STELARA® may also be more likely to get these infections.

Cancers

STELARA® may decrease the activity of your immune system and increase your risk for certain types of cancer. Tell your doctor if you have ever had any type of cancer. Some people who had risk factors for skin cancer developed certain types of skin cancers while receiving STELARA®. Tell your doctor if you have any new skin growths.

Reversible posterior leukoencephalopathy syndrome (RPLS)

RPLS is a rare condition that affects the brain and can cause death. The cause of RPLS is not known. If RPLS is found early and treated, most people recover. Tell your doctor right away if you have any new or worsening medical problems including: headache, seizures, confusion, and vision problems.

Serious Allergic Reactions

Serious allergic reactions can occur. Stop using STELARA® and get medical help right away if you have any symptoms of a serious allergic reaction such as: feeling faint, swelling of your face, eyelids, tongue, or throat, chest tightness, or skin rash.

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Lung Inflammation

Cases of lung inflammation have happened in some people who receive STELARA[®] and may be serious. These lung problems may need to be treated in a hospital. Tell your doctor right away if you develop shortness of breath or a cough that doesn't go away during treatment with STELARA[®].

Before receiving STELARA[®], tell your doctor about all of your medical conditions, including if you:

- have any of the conditions or symptoms listed above for serious infections, cancers, or RPLS.
- ever had an allergic reaction to STELARA[®] or any of its ingredients. Ask your doctor if you are not sure.
- are allergic to latex. The needle cover on the prefilled syringe contains latex.
- have recently received or are scheduled to receive an immunization (vaccine). People who take STELARA[®] should not receive live vaccines. Tell your doctor if anyone in your house needs a live vaccine. The viruses used in some types of live vaccines can spread to people with a weakened immune system, and can cause serious problems.

You should not receive the BCG vaccine during the one year before receiving STELARA[®] or one year after you stop receiving STELARA[®].

- have any new or changing lesions within psoriasis areas or on normal skin.
- are receiving or have received allergy shots, especially for serious allergic reactions.
- receive or have received phototherapy for your psoriasis.
- are pregnant or plan to become pregnant. It is not known if STELARA[®] can harm your unborn baby. You and your doctor should decide if you will receive STELARA[®].
- are breastfeeding or plan to breastfeed. It is thought that STELARA[®] passes into your breast milk. Talk to your doctor about the best way to feed your baby if you receive STELARA[®].

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Know the medicines you take. Keep a list of them to show your doctor and pharmacist when you get a new medicine.

When prescribed STELARA[®]:

- Use STELARA[®] exactly as your doctor tells you to. STELARA[®] is intended for use under the guidance and supervision of your doctor.
- STELARA[®] is intended for use under the guidance and supervision of your doctor. In children 12 years and older, it is recommended that STELARA[®] be administered by a healthcare provider. If your doctor decides that you or a caregiver may give your injections of STELARA[®] at home, you should receive training on the right way to prepare and inject STELARA[®]. Your doctor will determine the right dose of STELARA[®] for you, the amount for each injection, and how often you should receive it. Do not try to inject STELARA[®] yourself until you or your caregiver have been shown how to inject STELARA[®] by your doctor or nurse.

Common side effects of STELARA[®] include: upper respiratory infections, headache, and tiredness **in psoriasis** patients; joint pain and nausea **in psoriatic arthritis** patients; and upper respiratory infections, redness at the injection site, vaginal yeast infections, itching, urinary tract infections, and vomiting **in Crohn's disease** patients. These are not all of the possible side effects with STELARA[®]. Tell your doctor about any side effect that you experience. Ask your doctor or pharmacist for more information.

Please read the full [Prescribing Information](#) and [Medication Guide](#) for STELARA[®] and discuss any questions you have with your doctor.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.