

# A STEP-BY-STEP GUIDE TO GETTING STARTED WITH STELARA<sup>®</sup>



STELARA<sup>®</sup> is a prescription medicine used to treat adults and children 12 years and older with moderate or severe plaque psoriasis who may benefit from taking injections or pills (systemic therapy) or phototherapy (treatment using ultraviolet light alone or with pills).

STELARA<sup>®</sup> is a prescription medicine approved to treat adults 18 years and older with active psoriatic arthritis, either alone or with methotrexate.

# What You Can Expect

Now that you and your doctor have decided on STELARA®, it's time to engage your team, from healthcare provider to specialty pharmacy provider.

The process to obtain STELARA®, a specialty drug, may require different steps from your previous treatment. The Janssen CarePath Care Coordinators are part of your team that provides personalized assistance during each stage of the process, to help you get the most out of managing your treatment.

**Call Janssen CarePath at  
877-CarePath (877-227-3728),  
Monday through Friday, 8 AM to 8 PM ET.**

## For Your Records

\_\_\_\_\_  
Name of specialty pharmacy

\_\_\_\_\_  
Date of first dose

\_\_\_\_\_  
Specialty pharmacy phone number

\_\_\_\_\_  
Doctor's office phone number

\_\_\_\_\_  
Office Staff/Biologics Coordinator

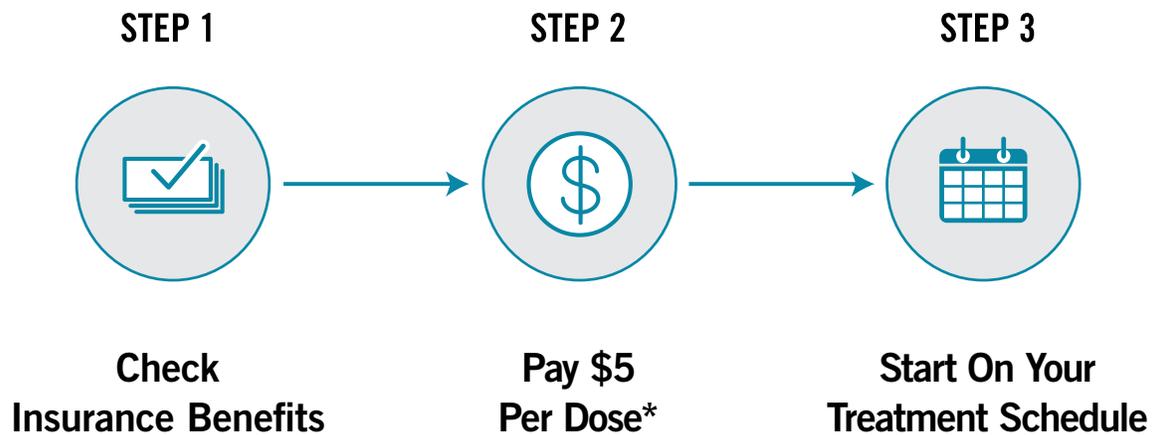
### Selected Safety Information

STELARA® is not for everyone; only your doctor can decide if it's right for you. STELARA® is a prescription medicine that affects your immune system. It can increase your chances of having serious side effects including serious infections, cancer, serious allergic reactions, lung inflammation, and a rare condition—reversible posterior leukoencephalopathy syndrome. **Please read the Important Safety Information on pages 10–11 of this brochure and the Medication Guide for STELARA® to learn more about these and other risks for STELARA®. Discuss any questions you have with your doctor.**



# Three Steps To STELARA®

As a patient, you are an integral part of your team. These steps outline the process and identify when you can assist in the management of your treatment.



\*Visit [Stelara.JanssenCarePathSavings.com](http://Stelara.JanssenCarePathSavings.com) for full eligibility requirements.

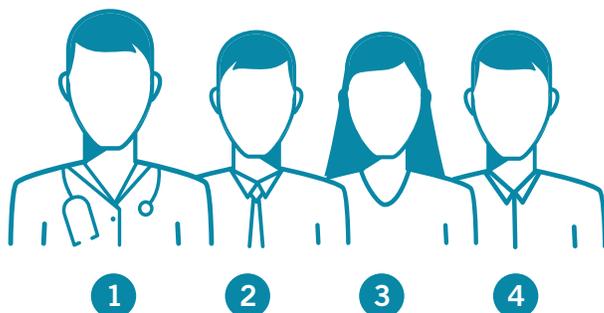
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# Your Team

Many people work together to get your treatment to you.



- 1. HEALTHCARE PROVIDER:** Assesses your condition and decides which treatment is best for you
- 2. OFFICE COORDINATOR:** Works as part of your doctor's staff to ensure your insurance is verified and that the pharmacy successfully receives your STELARA<sup>®</sup> prescription
- 3. JANSSEN CAREPATH CARE COORDINATOR:** A personally assigned Care Coordinator will review your health plan benefits and identify options that may help make STELARA<sup>®</sup> more affordable
- 4. SPECIALTY PHARMACY PROVIDER:** Receives your prescription from your doctor and works in these three ways:
  - Coverage:** Helps you get insurance authorization through your pharmacy and/or medical benefits
  - Affordability:** Helps you determine the most affordable way to pay for your STELARA<sup>®</sup> medicine. If eligible, the Janssen CarePath Savings Program may help you save on your out-of-pocket medication costs for STELARA<sup>®</sup>
  - Delivery:** Handles shipping details to make sure you receive your dose on time, every time

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## STEP 1: Check Insurance Benefits To Make Sure You're Covered

Remind the doctor's staff and the specialty pharmacy to investigate both pharmacy and medical benefits. You can also contact a Care Coordinator to assist you with your benefits investigation. Call Janssen CarePath at 877-CarePath (877-227-3728), Monday through Friday, 8 AM to 8 PM ET.

Did you know STELARA® can be covered in 2 ways: through your pharmacy and/or medical benefits? Coverage for your biologic medicine typically depends on how your treatment is given.

**PHARMACY BENEFITS** provide coverage for medicine you inject at home, after training.

**MEDICAL BENEFITS** provide coverage for injections by a medical professional at a doctor's office.

Since STELARA® is a prescription drug that can be administered two ways, the treatment can be covered by either insurance benefit.

If your doctor's staff or specialty pharmacy says that you're not covered, make sure to ask them if they've checked both benefits. Don't assume that your medical benefits have been checked. (Since STELARA® is an injection that may be given at the office, your medication may be covered by your medical benefits.)

Please note it may take several days for your coverage to be checked and approved by your insurance carrier. Once approved, your doctor's office, specialty pharmacy provider, or your Care Coordinator will contact you with coverage confirmation, and you and your doctor will make a plan to begin treatment.

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## STEP 2: Learn About Medication Savings & Pay \$5 Per Dose\*

While you are awaiting the approval of your benefits, activate your Janssen CarePath Savings Program to earn savings on your prescription today by calling 877-CarePath (877-227-3728).

We offer the Janssen CarePath Savings Program to help save on out-of-pocket costs such as co-pay assistance. Once enrolled, you may be eligible for automatic re-enrollment in the savings program each year.

You can also work with a Janssen CarePath Care Coordinator or your specialty pharmacy to save money. To learn about other financial options, call Janssen CarePath at 877-CarePath (877-227-3728) or visit [Stelara.JanssenCarePathSavings.com](http://Stelara.JanssenCarePathSavings.com).

If you do not have insurance coverage for STELARA®, Janssen Prescription Assistance may be able to help. This program offers information about independent foundations that may have available funding to help lessen drug costs for STELARA®.

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## STEP 3: Start On Your Treatment Schedule

(the steps to get to your first dose)

### A) Order Dose

When the specialty pharmacy calls you, provide them with your payment information and your Janssen CarePath Savings Program information (if applicable), and confirm the delivery location and timing of your delivery.

Once your insurance benefits have been approved, expect a welcome call from the specialty pharmacy, informing you of your coverage, notifying you of your out-of-pocket costs, and beginning the ordering process.

### B) Schedule Dose

Once the delivery timing of your first dose has been confirmed with the specialty pharmacy, ensure you have an appointment with your doctor to receive your first dose (a couple of days after your prescription is scheduled to be delivered).

STELARA® can be delivered to your home or doctor's office (your doctor will indicate where it should be delivered). If it is shipped to your home, follow the directions on how to store and transport the medication.

The specialty pharmacy will work with the doctor's office to confirm shipment. Please note your first dose will always be given at the doctor's office.



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## Continue on STELARA® (the steps for your future doses)

Your doctor will decide if your second starter dose and your maintenance doses will be given at the doctor's office or if you can self-administer at home. If you are self-administering, check out our Injection Support page for tools and resources at [STELARAinfo.com/self-injection](https://STELARAinfo.com/self-injection).

If your doctor decided that you or a caregiver may give your injections at home, you should get training on the right way to prepare and inject STELARA®. Do not try to inject STELARA® until properly trained by a healthcare provider. Please read the “[Instructions for Use](#)” to learn how to prepare and inject STELARA®, and how to properly throw away used syringes, at [STELARAinfo.com](https://STELARAinfo.com).

The specialty pharmacy will call you to re-order your dose. If you have not heard from them one week prior to your next scheduled dose, please call them directly to place the order. If you are not self-injecting, make an appointment with your doctor's office to schedule the next administration of your dose.

## Stay Committed To The Treatment Plan

You and your doctor have chosen STELARA® as a treatment. As you continue on your journey, it's important for you to stay on your medication schedule as your doctor prescribed in order to see results.

Your team is here to help you. Call Janssen CarePath at 877-CarePath (877-227-3728), Monday through Friday, 8 AM to 8 PM ET, with any questions. Please inform the doctor's office, Janssen CarePath Care Coordinator, and the specialty pharmacy if your insurance coverage or delivery address for your prescription changes.

Now that you're a STELARA® patient, take full advantage of all the support services we offer. You can learn more at [STELARAinfo.com](https://STELARAinfo.com) or by calling Janssen CarePath at 877-CarePath (877-227-3728).

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# Summary Of A Step-By-Step Guide To STELARA®

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## STEP 1: Check Insurance Benefits To Make Sure You're Covered

Remind the doctor's staff to investigate both medical and pharmacy benefits before leaving the office.

## STEP 2: Enroll in the Janssen CarePath Savings Program\*

Visit [MyJanssenCarePath.com](http://MyJanssenCarePath.com) to create an online account, check your eligibility, enroll in the Savings Program, manage your Savings Program benefits, and receive timely alerts and program updates. Or call a Janssen CarePath Care Coordinator at **877-CarePath (877-227-3728)**, Monday–Friday, 8:00 AM to 8:00 PM ET.

## STEP 3: Start On Your Treatment Schedule

(the steps to get to your first dose)

**A. Order Dose With The Specialty Pharmacy**

**B. Schedule Dose At The Doctor's Office**

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## Continue On STELARA® And Stay Committed To The Treatment Plan

As you continue on your journey, it's important for you to stay on your medication schedule as your doctor prescribed in order to see results.

**Your team is here to help you. Call Janssen CarePath at  
877-CarePath (877-227-3728) with any questions.**

Please read the [Important Safety Information](#) in this brochure and the [Medication Guide](#) for STELARA®. Discuss any questions you have with your doctor.

\*\$20,000 maximum program benefit per calendar year. Not valid for patients using Medicare, Medicaid, or other government-funded programs to pay for their medications. Terms expire at the end of each calendar year and may change. Program does not cover the cost to give you your treatment. See [full eligibility requirements](#).

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## IMPORTANT SAFETY INFORMATION

STELARA® is a prescription medicine that affects your immune system. STELARA® can increase your chance of having serious side effects including:

### Serious Infections

STELARA® may lower your ability to fight infections and may increase your risk of infections. While taking STELARA®, some people have serious infections, which may require hospitalization, including tuberculosis (TB), and infections caused by bacteria, fungi, or viruses.

- Your doctor should check you for TB before starting STELARA® and watch you closely for signs and symptoms of TB during treatment with STELARA®.
- If your doctor feels that you are at risk for TB, you may be treated for TB before and during treatment with STELARA®. You should not start taking STELARA® if you have any kind of infection unless your doctor says it is okay.

### Before starting STELARA®, tell your doctor if you:

- think you have an infection or have symptoms of an infection such as:
  - fever, sweats, or chills
  - muscle aches
  - cough
  - shortness of breath
  - blood in phlegm
  - weight loss
  - warm, red, or painful skin or sores on your body
  - diarrhea or stomach pain
  - burning when you urinate or urinate more often than normal
  - feel very tired
- are being treated for an infection or have any open cuts.
- get a lot of infections or have infections that keep coming back.
- have TB, or have been in close contact with someone with TB.

**After starting STELARA®, call your doctor right away** if you have any symptoms of an infection (see above). These may be signs of infections such as chest infections, or skin infections or shingles that could have serious complications. STELARA® can make you more likely to get infections or make an infection that you have worse. People who have a genetic problem where the body does not make any of the proteins interleukin 12 (IL-12) and interleukin 23 (IL-23) are at a higher risk for certain serious infections that can spread throughout the body and cause death. People who take STELARA® may also be more likely to get these infections..

### Cancers

STELARA® may decrease the activity of your immune system and increase your risk for certain types of cancer. Tell your doctor if you have ever had any type of cancer. Some people who had risk factors for skin cancer developed certain types of skin cancers while receiving STELARA®. Tell your doctor if you have any new skin growths.

### Reversible Posterior Leukoencephalopathy Syndrome (RPLS)

RPLS is a rare condition that affects the brain and can cause death. The cause of RPLS is not known. If RPLS is found early and treated, most people recover. Tell your doctor right away if you have any new or worsening medical problems including: headache, seizures, confusion, and vision problems.

### Serious Allergic Reactions

Serious allergic reactions can occur. Stop using STELARA® and get medical help right away if you have any symptoms of a serious allergic reaction such as: feeling faint, swelling of your face, eyelids, tongue, or throat, chest tightness, or skin rash.

Continued on next page



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### Lung Inflammation

Cases of lung inflammation have happened in some people who receive STELARA® and may be serious. These lung problems may need to be treated in a hospital. Tell your doctor right away if you develop shortness of breath or a cough that doesn't go away during treatment with STELARA®.

#### **Before receiving STELARA®, tell your doctor about all of your medical conditions, including if you:**

- have any of the conditions or symptoms listed above for serious infections, cancers, or RPLS.
- ever had an allergic reaction to STELARA® or any of its ingredients. Ask your doctor if you are not sure.
- are allergic to latex. The needle cover on the prefilled syringe contains latex.
- have recently received or are scheduled to receive an immunization (vaccine). People who take STELARA® should not receive live vaccines. Tell your doctor if anyone in your house needs a live vaccine. The viruses used in some types of live vaccines can spread to people with a weakened immune system, and can cause serious problems. **You should not receive the BCG vaccine during the one year before receiving STELARA® or one year after you stop receiving STELARA®.**
- have any new or changing lesions within psoriasis areas or on normal skin.
- are receiving or have received allergy shots, especially for serious allergic reactions.
- receive or have received phototherapy for your psoriasis.
- are pregnant or plan to become pregnant. It is not known if STELARA® can harm your unborn baby. You and your doctor should decide if you will receive STELARA®.
- are breastfeeding or plan to breastfeed. It is thought that STELARA® passes into your breast milk.
- talk to your doctor about the best way to feed your baby if you receive STELARA®.

**Tell your doctor about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Know the medicines you take. Keep a list of them to show your doctor and pharmacist when you get a new medicine.

#### **When prescribed STELARA®:**

- Use STELARA® exactly as your doctor tells you to.
- STELARA® is intended for use under the guidance and supervision of your doctor. In children 12 years and older, it is recommended that STELARA® be administered by a healthcare provider. If your doctor decides that you or a caregiver may give your injections of STELARA® at home, you should receive training on the right way to prepare and inject STELARA®. Your doctor will determine the right dose of STELARA® for you, the amount for each injection, and how often you should receive it. Do not try to inject STELARA® yourself until you or your caregiver have been shown how to inject STELARA® by your doctor or nurse.

**Common side effects of STELARA® include:** nasal congestion, sore throat, and runny nose, upper respiratory infections, fever, headache, tiredness, itching, nausea and vomiting, redness at the injection site, vaginal yeast infections, urinary tract infections, sinus infection, bronchitis, diarrhea, stomach pain, and joint pain. These are not all of the possible side effects with STELARA®. Tell your doctor about any side effect that you experience. Ask your doctor or pharmacist for more information.

**Please read the full Prescribing Information and Medication Guide for STELARA® and discuss any questions you have with your doctor.**

**You are encouraged to report negative side effects of prescription drugs to the FDA.**

**Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.**

