Two-Minute Appointment Prep

Your doctor needs to know how active psoriatic arthritis affects your ability to do everyday tasks in order to find the right treatment for you. To help you have a more productive conversation with your doctor, just take a few minutes to fill out this quick patient profile. Then bring it with you to your doctor's appointment.

Symptoms

Over the past month, how would you rate your joint tenderness (pain) and swelling?

none severe





Over the past month, have your psoriatic arthritis symptoms made it difficult to do any of the following activities?

Getting ready for work, including buttoning your clothes, tying your shoes, or doing your hair?



Using your hands for small tasks such as cutting food or opening jars?



Doing household chores such as washing the dishes, gardening, or vacuuming?



Doing things such as shopping, going to the park, or meeting friends for dinner?



Performing physical activities such as walking, riding a bike, or running errands?



Treatment

Which of the following types of psoriatic arthritis treatments have you tried? (check all that apply) ———————————————————————————————————										
Pills					Other					
with th	ie way y	our cur	rent tre	atment	relieve	s your s	ympton	ns?		
very unsatisfied					very satisfied					
1	2	3	4	5	6	7	8	9	10	
1	2	3	4	5	6	7	8	9	10	
ou in a	treatm	ent? (cł	neck all t	that app	ly)					
Frequency of treatment Improvement in joint symptoms										
Number of treatments I will need to Relief of skin symptoms take at once to relieve my symptoms										
Check the questions you'd like to ask your doctor at your next appointment.										
What treatments may help relieve both my joint and skin symptoms?										
— Are there treatment options that will help reduce the sausage-like swelling in my fingers and toes?										
— What are the dosing schedules of treatments for psoriatic arthritis?										
— What should I expect from my treatment (symptom relief/side effects)?										
Is there anything else I can do to help manage my psoriatic arthritis symptoms?										
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