If your health insurance plan will not help pay for your STELARA® (ustekinumab) prescription,

# SPEAK UP



## CONSIDER TALKING TO PEOPLE AND ORGANIZATIONS THAT CAN HELP YOU

If your doctor has prescribed STELARA® for you, and you have learned that your health insurance plan will not help pay for your treatment with STELARA®, know that you can challenge that decision. You do not have to go through this process alone. Your healthcare team may be able to help you.

### Below are some questions you can consider asking to help you get started.

## **ASK QUESTIONS**

### Ask your doctor:

- Am I being prescribed a different medication?
- If you are being asked to switch to a biosimilar: What is a biosimilar?
- Can you explain the risks and benefits of the different medication I am being prescribed?
- How can I continue my treatment with STELARA®?
- Can you help me challenge my health insurance plan's coverage decision?





## ASK QUESTIONS (cont'd)

#### Ask your pharmacist:

Why am I not receiving STELARA® (ustekinumab), the medication my doctor prescribed?

What are the side effects of the new medication I am receiving?

Is there any patient support available?

#### Ask your health insurance representative:

- Why is my treatment with STELARA® not covered?
- Why has my health insurance coverage for STELARA® changed?
- What is the process for challenging this coverage decision?
- What steps do I need to take to get STELARA®?

Talk to your healthcare team about next steps for getting STELARA® or visit stelarainfo.com for additional information about resources and support that may be available to you.



