

STELARA<sup>®</sup> is a prescription medicine used to treat adults and children 6 years and older with moderate to severe plaque psoriasis who may benefit from taking injections or pills (systemic therapy) or phototherapy (treatment using ultraviolet light alone or with pills).

# WHICH YOU ARE YOU?

**ALSO APPROVED FOR CHILDREN 6 AND UP**

With more than 10 years on the market, STELARA<sup>®</sup> is estimated to have treated over 241,000 patients in the United States for plaque psoriasis.\*

\*This is based on information licensed from IQVIA: LAAD claims, NPA, DDD for the period 2009-2020 reflecting estimates of real-world activity and based on custom methodologies developed by Janssen. All rights reserved.

## SELECTED IMPORTANT SAFETY INFORMATION

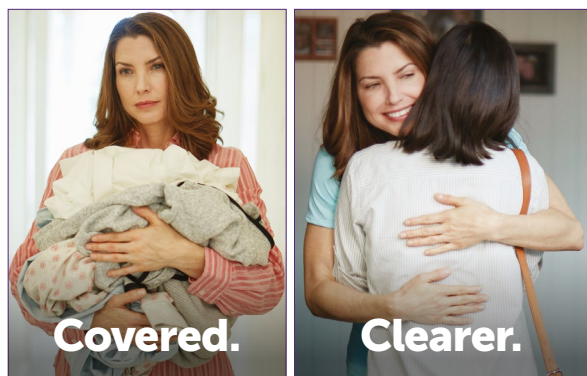
STELARA<sup>®</sup> is not for everyone; only your doctor can decide if it's right for you. STELARA<sup>®</sup> is a prescription medicine that affects your immune system. It can increase your chances of having serious side effects including serious infections, cancer, serious allergic reactions, lung inflammation, and a rare condition—posterior reversible encephalopathy syndrome. Please read the [Important Safety Information](#) on page 7 of this brochure and the [Medication Guide](#) for STELARA<sup>®</sup> to learn more about these and other risks for STELARA<sup>®</sup>. Discuss any questions you have with your doctor.

## STELARA® FOR ADULTS

### PLAQUE PSORIASIS SYMPTOMS CAN BE CHALLENGING, BUT STELARA® MAY HELP

There are over 8 million people in the US living with psoriasis today—80% of whom have plaque psoriasis—and many of them have been just where you are. Fed up with plaque psoriasis running their lives and frustrated with failed treatments that don't give them clearer skin. But that doesn't have to be you.

With STELARA®, you may control your moderate to severe plaque psoriasis with only 4 doses a year after 2 starter doses. Be the you who takes control. Ask your dermatologist about STELARA® today.



### BE THE YOU WHO GIVES BEAR HUGS WITH BARE ARMS

STELARA® may help clear most of your skin\* in as little as 12 weeks. Put plaque psoriasis in its place with STELARA®.

*\*In a clinical study, 7 out of 10 patients had 75% clearer skin, and 6 out of 10 patients had their plaque psoriasis rated cleared or minimal at 12 weeks.*

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### THE STELARA® STORY



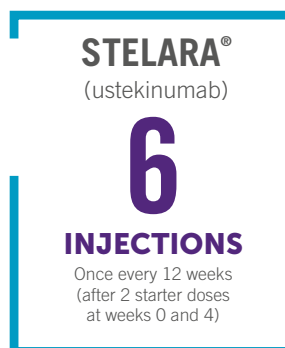
**10+ YEARS**  
on the market\*



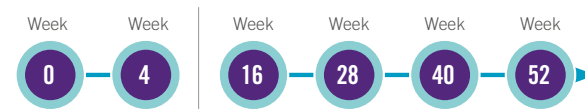
**241,000+ PATIENTS**  
estimated to be treated with STELARA®  
in the US for plaque psoriasis†

### STELARA® DOSING: ONLY 4 TIMES A YEAR AFTER 2 STARTER DOSES

*First 52 weeks of therapy in adults*



### STARTER DOSES



STELARA® is a 45 mg or 90 mg injection given under the skin, as directed by your doctor. Your doctor can administer it, or you (or a caregiver) can inject it at your home after proper training. Ask your doctor about which is the right choice for you.

*\*Approved for the treatment of adult patients with moderate to severe plaque psoriasis in September 2009.*

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## STELARA® FOR ADULTS

### RESULTS YOU CAN SEE, AFTER JUST 2 STARTER DOSES\*

IN A CLINICAL STUDY, 71% OF ADULT PLAQUE PSORIASIS SUFFERERS EXPERIENCED SIGNIFICANTLY CLEARER SKIN AT WEEK 12 AFTER 2 STARTER DOSES OF STELARA®



For illustrative purposes only. Individual results may vary.

\*STELARA® is a 45 mg or 90 mg injection given under the skin as directed by your doctor at weeks 0, 4, and every 12 weeks thereafter. It is administered by a healthcare provider or self-injected only after proper training.

### RESULTS WITH STELARA®

MOST ADULTS TREATED WITH STELARA® SEE THEIR SKIN GET CLEARER IN AS LITTLE AS 12 WEEKS

In a clinical study:



7 out of 10 people taking STELARA® saw at least **75% clearer skin** at 12 weeks



6 out of 10 people had their plaque psoriasis rated as **cleared or minimal** at 12 weeks

Individual results may vary.

### PLAQUE PSORIASIS, INSIDE AND OUT

Plaque psoriasis is a chronic (long-lasting) inflammatory skin condition that's caused partly by an overactive immune system that produces 2 proteins called **IL-12** and **IL-23** at higher-than-normal levels. These proteins can **increase skin cell growth** up to 10 times faster than normal. Instead of shedding, the skin cells pile up on top of each other and form red, raised patches of skin called plaques.



### STELARA® WORKS DIFFERENTLY

STELARA® is the only biologic that blocks the **IL-12** and **IL-23** proteins, which are part of the immune system, and are thought to play a role in plaque psoriasis.

### IS IT WORTH A SHOT?

All biologics need to be injected, and the benefits can be worth it.

STELARA® provides a convenient dosing schedule of 4 times a year after 2 starter doses. You can choose to inject yourself after proper training, or you can have your doctor administer the dose for you. In children 6 years and older, it is recommended that STELARA® be given by a healthcare provider.

Visits to your doctor can provide a valuable opportunity to check on your progress and discuss, in person, any questions you may have.

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## LET'S GET STARTED

### PATIENT SUPPORT FOR STELARA®

## Janssen CarePath

Once you and your doctor have decided that STELARA® is right for you, Janssen CarePath will help you find the resources you may need to get started and stay on track.

#### Paying for Your STELARA®

- Janssen CarePath can identify cost support options that may help with managing your out-of-pocket costs—whether you have commercial or private health insurance, government coverage such as Medicare or Medicaid, or have no insurance coverage.

#### Getting Started

- Janssen CarePath can review your health plan benefits and insurance coverage for STELARA®, and offer treatment education resources.

#### Staying on Track

- We understand how important it is for you to take STELARA® as your doctor prescribed. Janssen CarePath provides ongoing support that may help you stay on track with your STELARA® treatment.

Visit [JanssenCarePath.com/STELARA](http://JanssenCarePath.com/STELARA).

Create a personal Janssen CarePath Account at [MyJanssenCarePath.com](http://MyJanssenCarePath.com).

Call a Janssen CarePath Care Coordinator at 877-CarePath (877-227-3728) Monday–Friday, 8 AM–8 PM ET. Multilingual phone support is available.

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### IF YOU USE COMMERCIAL OR PRIVATE HEALTH INSURANCE TO PAY FOR YOUR MEDICATION: Janssen CarePath Savings Program for STELARA®



Eligible patients using commercial insurance can save on out-of-pocket medication costs for STELARA®. Eligible patients **pay \$5 per dose**. Maximum program benefit per calendar year shall apply. Not valid for patients using Medicare, Medicaid, or other government-funded programs to pay for their medications. Program is for medication only. Program terms may change. See full eligibility requirements at [Stelara.JanssenCarePathSavings.com](http://Stelara.JanssenCarePathSavings.com).

STELARA® needs to be administered 4 times a year after 2 starter doses. Eligible patients **pay \$5 per dose**.

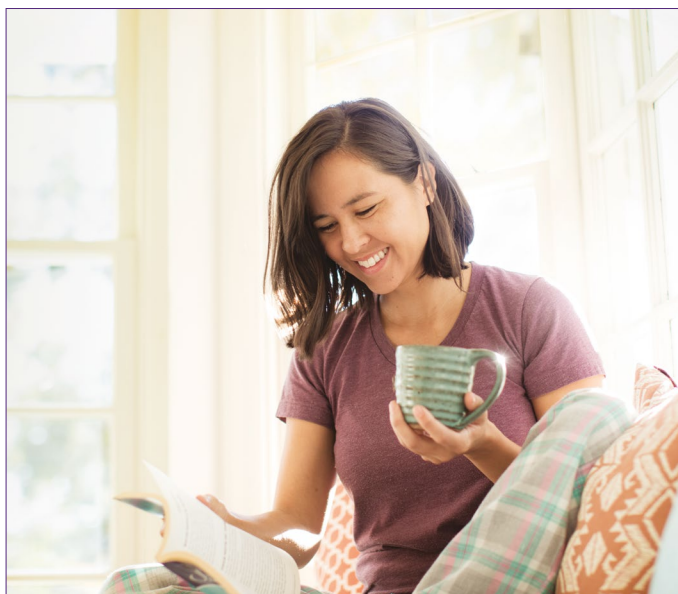
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### IF YOU USE A GOVERNMENT-FUNDED HEALTHCARE PROGRAM TO PAY FOR STELARA® OR HAVE NO INSURANCE COVERAGE AND NEED HELP PAYING FOR YOUR MEDICATION:

Janssen CarePath can provide information about other resources that may be able to help with your out-of-pocket medication costs for STELARA®. Call a Janssen CarePath Care Coordinator at 877-CarePath (877-227-3728) or visit [JanssenCarePath.com](http://JanssenCarePath.com) for more information about affordability programs and independent foundations<sup>1</sup> that may have funding available.

<sup>1</sup>Independent co-pay assistance foundations have their own rules for eligibility. We cannot guarantee a foundation will help you. We only can refer you to a foundation that supports your disease state. This information is provided as a resource for you. We do not endorse any particular foundation.

## IT'S TIME TO TALK



### GETTING THE MOST FROM THE TIME WITH YOUR DOCTOR

You've got questions. Your dermatologist has answers, and the more questions you ask the better he or she is able to understand how your condition is affecting you, and the treatment that might be best. Your dermatologist will also have questions. Having answers to the following will help ensure the most beneficial conversation:

#### Treatment History

I have tried the following psoriasis medications so far (check all that apply):

- Topicals
- Phototherapy
- Oral Medications
- Other

If I could, I would change the following aspects about the treatments I've tried (check all that apply):

- Convenience of treatment
- Effectiveness of treatment
- Frequency of treatment
- Consistency of results over time
- Time spent on treatment
- Number of treatments used at one time

On a scale of 1 to 5 (1 being not satisfied, 5 being very satisfied) this is how satisfied I am with my current treatment:



### DOES YOUR DOCTOR KNOW YOU'RE READY FOR THE NEXT STEP?

Sometimes talking about your plaque psoriasis symptoms isn't easy. Rest assured, your dermatologist wants you to see clearer skin just as much as you do.

When talking to your dermatologist, this is your time to share everything about how you're feeling and how it's affecting your life. This is your turn to control plaque psoriasis and not let your plaque psoriasis control you.

### SELECTED IMPORTANT SAFETY INFORMATION

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## INFO FOR CHILDREN 6 AND UP

### STELARA®: ALSO APPROVED FOR CHILDREN 6 AND UP

Childhood and adolescence are both exciting but occasionally difficult times. If your child is suffering from moderate to severe plaque psoriasis, however, things may be more difficult than exciting. Symptoms like red or scaling plaques on the skin can make things as tough for youngsters as they do for grownups.

### RESULTS WITH STELARA®

In a clinical study, most patients 12-17 years of age with moderate to severe plaque psoriasis were rated cleared or minimal at week 12, after just 2 doses of STELARA®.

8 OUT OF 10 ADOLESCENT PATIENTS AGES 12-17  
SAW AT LEAST 75% CLEARER SKIN AT 12 WEEKS



**STELARA® IS ALSO APPROVED FOR PEDIATRIC PATIENTS AGES 6-11.**

**THE SAFETY AND EFFECTIVENESS OF STELARA® HAS BEEN ESTABLISHED IN BOTH ADOLESCENT AND PEDIATRIC\* PATIENTS.**

\*Pediatric patients knew they were on STELARA® for the entire study.

Talk with your child's dermatologist to decide if STELARA® may be the right treatment.

STELARA® isn't right for everyone. Individual results may vary.

### HISTORY OF TREATING PLAQUE PSORIASIS



10+ YEARS ON  
THE MARKET\*



241,000+ ADULT PATIENTS  
ESTIMATED TO BE TREATED  
WITH STELARA® IN THE US†

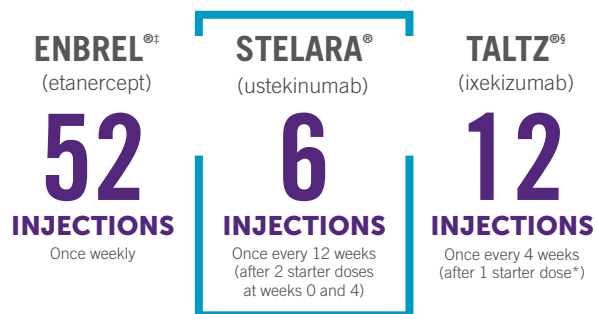
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### FEWER INJECTIONS PER YEAR

STELARA® is given as an injection under the skin just 4 times a year, every 12 weeks, after 2 starter doses at weeks 0 and 4, making it simple for parents to help their child stay on a treatment schedule. In children 6 years and older, it is recommended that STELARA® be given by a healthcare provider.

#### First 52 weeks of treatment



\*In pediatric patients greater than 50 kg, 2 80-mg injections are to be administered at week 0.

<sup>†</sup>Enbrel® is indicated for the treatment of patients 4 years or older with chronic moderate to severe plaque psoriasis (PsO) who are candidates for systemic therapy or phototherapy.

<sup>‡</sup>Taltz® is for adults and children as young as 6 with moderate to severe plaque psoriasis who may benefit from taking injections or pills (systemic therapy) or phototherapy (treatment using ultraviolet or UV light).

The above chart is not intended to compare the safety and effectiveness of these treatments. Please refer to each product's full Prescribing Information for recommended dosing and administration. While frequency of treatment matters, there are other important factors to consider.

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## IMPORTANT SAFETY INFORMATION

STELARA<sup>®</sup> is a prescription medicine that affects your immune system. STELARA<sup>®</sup> can increase your chance of having serious side effects including:

### Serious Infections

STELARA<sup>®</sup> may lower your ability to fight infections and may increase your risk of infections. While taking STELARA<sup>®</sup>, some people have serious infections, which may require hospitalization, including tuberculosis (TB), and infections caused by bacteria, fungi, or viruses.

- Your doctor should check you for TB before starting STELARA<sup>®</sup> and watch you closely for signs and symptoms of TB during treatment with STELARA<sup>®</sup>.
- If your doctor feels that you are at risk for TB, you may be treated for TB before and during treatment with STELARA<sup>®</sup>.

You should not start taking STELARA<sup>®</sup> if you have any kind of infection unless your doctor says it is okay.

### Before starting STELARA<sup>®</sup>, tell your doctor if you:

- think you have an infection or have symptoms of an infection such as:
  - fever, sweats, or chills
  - muscle aches
  - cough
  - shortness of breath
  - blood in phlegm
  - weight loss
  - warm, red, or painful skin or sores on your body
  - diarrhea or stomach pain
  - burning when you urinate or urinate more often than normal
  - feel very tired
- are being treated for an infection or have any open cuts.
- get a lot of infections or have infections that keep coming back.
- have TB, or have been in close contact with someone with TB.

**After starting STELARA<sup>®</sup>, call your doctor right away** if you have any symptoms of an infection (see above). These may be signs of infections such as chest infections, or skin infections or shingles that could have serious complications. STELARA<sup>®</sup> can make you more likely to get infections or make an infection that you have worse. People who have a genetic problem where the body does not make any of the proteins interleukin 12 (IL-12) and interleukin 23 (IL-23) are at a higher risk for certain serious infections that can spread throughout the body and cause death. People who take STELARA<sup>®</sup> may also be more likely to get these infections.

### Cancers

STELARA<sup>®</sup> may decrease the activity of your immune system and increase your risk for certain types of cancer. Tell your doctor if you have ever had any type of cancer. Some people who had risk factors for skin cancer developed certain types of skin cancers while receiving STELARA<sup>®</sup>. Tell your doctor if you have any new skin growths.

### Posterior Reversible Encephalopathy Syndrome (PRES)

PRES is a rare condition that affects the brain and can cause death. The cause of PRES is not known. If PRES is found early and treated, most people recover. Tell your doctor right away if you have any new or worsening medical problems including: headache, seizures, confusion, and vision problems.

### Serious Allergic Reactions

Serious allergic reactions can occur. Stop using STELARA<sup>®</sup> and get medical help right away if you have any symptoms of a serious allergic reaction such as: feeling faint, swelling of your face, eyelids, tongue, or throat, chest tightness, or skin rash.

### Lung Inflammation

Cases of lung inflammation have happened in some people who receive STELARA<sup>®</sup> and may be serious. These lung problems may need to be treated in a hospital. Tell your doctor right away if you develop shortness of breath or a cough that doesn't go away during treatment with STELARA<sup>®</sup>.

Continued on the next page.

## IMPORTANT SAFETY INFORMATION (continued)

### Before receiving STELARA<sup>®</sup>, tell your doctor about all of your medical conditions, including if you:

- have any of the conditions or symptoms listed above for serious infections, cancers, or PRES.
- ever had an allergic reaction to STELARA<sup>®</sup> or any of its ingredients. Ask your doctor if you are not sure.
- are allergic to latex. The needle cover on the prefilled syringe contains latex.
- have recently received or are scheduled to receive an immunization (vaccine). People who take STELARA<sup>®</sup> should not receive live vaccines. Tell your doctor if anyone in your house needs a live vaccine. The viruses used in some types of live vaccines can spread to people with a weakened immune system, and can cause serious problems. **You should not receive the BCG vaccine during the one year before receiving STELARA<sup>®</sup> or one year after you stop receiving STELARA<sup>®</sup>.**
- have any new or changing lesions within psoriasis areas or on normal skin.
- are receiving or have received allergy shots, especially for serious allergic reactions.
- receive or have received phototherapy for your psoriasis.
- are pregnant or plan to become pregnant. It is not known if STELARA<sup>®</sup> can harm your unborn baby. You and your doctor should decide if you will receive STELARA<sup>®</sup>.
- are breastfeeding or plan to breastfeed. It is thought that STELARA<sup>®</sup> passes into your breast milk.
- talk to your doctor about the best way to feed your baby if you receive STELARA<sup>®</sup>.

**Tell your doctor about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Know the medicines you take. Keep a list of them to show your doctor and pharmacist when you get a new medicine.

### When prescribed STELARA<sup>®</sup>:

- Use STELARA<sup>®</sup> exactly as your doctor tells you to.
- STELARA<sup>®</sup> is intended for use under the guidance and supervision of your doctor. In children 6 years and older, it is recommended that STELARA<sup>®</sup> be administered by a healthcare provider. If your doctor decides that you or a caregiver may give your injections of STELARA<sup>®</sup> at home, you should receive training on the right way to prepare and inject STELARA<sup>®</sup>. Your doctor will determine the right dose of STELARA<sup>®</sup> for you, the amount for each injection, and how often you should receive it. Do not try to inject STELARA<sup>®</sup> yourself until you or your caregiver have been shown how to inject STELARA<sup>®</sup> by your doctor or nurse.

**Common side effects of STELARA<sup>®</sup> include:** nasal congestion, sore throat, and runny nose, upper respiratory infections, fever, headache, tiredness, itching, nausea and vomiting, redness at the injection site, vaginal yeast infections, urinary tract infections, sinus infection, bronchitis, diarrhea, stomach pain, and joint pain. These are not all of the possible side effects with STELARA<sup>®</sup>. Tell your doctor about any side effect that you experience. Ask your doctor or pharmacist for more information.

**Please click to read the full [Prescribing Information](#) and [Medication Guide](#) for STELARA<sup>®</sup> and discuss any questions you have with your doctor.**

**You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.**





**BE THE YOU WHO TAKES CONTROL. ASK YOUR  
DERMATOLOGIST ABOUT STELARA® TODAY.**

**FOR MORE INFORMATION**

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Visit [STELARAinfo.com](https://www.stelara.info)

janssen  
**CarePath**

**CALL 877-CAREPATH (877-227-3728)**

Monday–Friday | 8 AM–8 PM ET

Visit <https://www.janssencarepath.com/>

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Please see [Important Safety Information](#) for STELARA® on page 7 of this brochure.

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